

## Risk Reduction

Tuesday, April 13, 2010

8:30 am - 12:30 pm

Arcata, CA

### In This Training

Many clients seen in family planning clinics are having unprotected sex which puts them at risk for unplanned pregnancy, STDs and HIV. This half-day training will help staff assist clients in reducing their sexual risk-taking. Topics will include client-centered counseling techniques, the stages of behavior change and how to assist clients in making realistic plans for behavior change.

### By the end of this session, participants will be able to:

- explain the stages of behavior change;
- identify a range of risk reduction behaviors;
- describe how to support clients in developing realistic risk reduction steps.

### Who Should Attend

RNs, medical assistants, counselors & educators

### Trainers

**Amanda Newstetter, MSW** is a Project Director at the Center for Health Training in Oakland, CA. She has worked in the field of HIV since 1984 and coordinated HIV counseling and testing services for Planned Parenthood for 7 years. For the last 15 years, she has conducted counseling training related to sexual and reproductive health throughout the western region.

**Marsha Gelt, MPH** is an experienced counselor and trainer and has provided training in family planning for over 26 years. She is dedicated to enhancing counselors' confidence and skill in providing client-centered education and counseling.

### Registration

Please send in the registration form by the deadline to ensure a space in this workshop. Do not hesitate to register now; payment need not be sent with registration. If payment is sent later, please include registrant name or a copy of the registration form so proper credit can be given. You can also register online at: [www.centerforhealthtraining.org](http://www.centerforhealthtraining.org).

### Confirmation

Confirmations will be sent two weeks prior to the workshop and will include specific location, directions and other details. Participants are responsible for their own meals, travel and lodging. For more information regarding registration, call CHT at 510.835.3700.

### Fees

All fees are per person. Title X-funded agencies: \$15 Private/Other funding: \$25. CE units are an additional \$15. A \$10 late fee will be assessed for each registration received after the deadline. Fees can be refunded if cancellation is received 5 working days prior to the session.

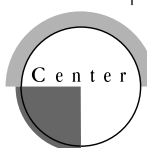
### Registration Deadline: March 23, 2010

### Continuing Education

Provider approved by the California Board of Registered Nursing, Provider Number 02604, for 4.2 contact hours. To receive credit, nurses must attend the entire course and present their license number at the workshop. All other applicants will receive certificates of participation.

### Special Needs

Please contact us if you need special access or an ASL interpreter:



Center for Health Training  
510.835.3700 - p / 510.625.9307 - f  
[oakland@jba-cht.com](mailto:oakland@jba-cht.com)

Register online at:  
[www.centerforhealthtraining.org](http://www.centerforhealthtraining.org)

## REGISTRATION FORM

DEADLINE: March 23, 2010 for *Risk Reduction*  
Arcata, CA on April 13, 2010

Processed in order received.

Name

Title

Agency

Address

City

State

Zip

Phone

Fax

Email (required for confirmation)

Supervisor's Name

Supervisor's Phone

Agency Funding:  Title X (\$15)  Private/Other (\$25)

CEs requested (\$15) Lic.# for CEs \_\_\_\_\_

Amount Enclosed \_\_\_\_\_ Agency will send fee

Please email me future announcements:

Years in this job (required) \_\_\_\_\_

Job Duties (required) : \_\_\_\_\_

What are you interested in learning at this workshop?

### Mail this form with check payable to:

Center for Health Training  
614 Grand Avenue, Suite 400  
Oakland, CA 94610-3523  
510.625.9307 - fax